

February 2013 Newsletter

January Round up – Back to school Kids Adjusting Day

Good fun was had by all. Lots of kids got adjusted before returning for a brand new school year.

Everyone got dressed up in school uniforms for the occasion.

Check out what the KCC staff really looked like when we were in school (next page).



Those were the (school) days



(clockwise from top left) – Kathryn, Dr Hart, Dr Meghan, Ellen, Dr Sandie, Sue. Dr Tracy in the centre.

Half Hour to Health

We are serious when it comes to HEALTH care (as opposed to disease management). This month we would like to share our knowledge with you in a 30 minute health information session.

There will be 4 upcoming sessions in: 6th and the 20th of February and the 6th and the 20th of March.

5:50pm for a 6pm start

More on the Kennedy family and chiropractic by Dr Hart

In the January Newsletter, there is a picture of Dr Tracy with Dr Parker. Dr James Parker was a king-pin in the development of chiropractic worldwide. During the second half of the 20th Century and the Kennedy family was very lucky to have been associated with him.

Dr Tracy was an outstanding student while at Parker College and we are proud that Dr Parker saw fit to recognise her, both at graduation and for years afterwards for her contribution to the profession.



Office Update

Dr Hart

Dr Hart is often asked why he lives and works in Queensland. After all, isn't Canada a really nice place? Many of us would love to visit there. His answer is simple. "Look up to the sky, what do you see? Look down to the ground, what do you see?". "I see blue sky. I see green grass". The question answers itself.

Dr Hart will be away for the first two weeks in February.

Dr Hart is available every Monday and Thursday.

Dr Tracy

Dr Tracy & Glen leave early February to fly to Perth, then drive back across the Nullarbor playing the golf courses as they go. There will be photo updates on FB and at the office for your entertainment. Glen's plan is to play golf while Dr Tracy takes photos and has fun. They have the clubs packed and golf hats and will be travelling in a camper van - what more could you need?



Dr Tracy will be away from the office from 8th February until 3rd March. Dr Chantal will be working the days Dr Tracy will be away - Tuesday & Wednesdays, Friday, and Saturdays.

Dr Chan

Dr Chan has been busy doing all the background work to start to compile her book.... Even to the point of learning more about social media

(Instagram, twitter etc) to have a platform for marketing when the time is right.

She had a long weekend visiting family in Victoria and enjoyed playing Aunty Chan until her stamina ran out.

Dr Chan has been consistently riding about 350km's a week since December (due to the great weather). That's almost a return trip to Toowoomba. Hmm if only the roads were better for cyclists!! :-)

Dr Chan is available on Friday and alternate Saturdays, and will work on Tuesday and Wednesday for Dr Tracy while she is away.

Dr Meghan

Dr Meghan enjoyed a busy start to the New Year in the office. Once again our Kids Adjusting Day was a hit with the girls all getting dressed up in the 'back to school' theme. Now it is full steam ahead into the back to school routine at home and she is looking forward to visiting her nieces and nephews in mid-February.

Dr Meghan is available on Wednesday, Friday and alternate Saturdays.

Dr Sandie

Dr Sandie, as always, had a wonderful time playing at the kids day and wearing her old school uniform after many many years. Dr Sandie enjoyed a weekend at the sunshine coast enjoying a little time at the beach trying to cool off. This month she is looking forward to a trip to Kingaroy to visit one of her chiropractic friends.

Dr Sandie is available on Monday and Thursday.

Sue

Sue would like to say a very BIG thank you to Ellen and Natalie for covering her shifts while she had a few weeks holiday. She has returned rested and enthusiastic about the year ahead.

Sue would also like to thank all the patients for their kind wishes over the festive season and all the beautiful gifts they brought in. They were DELICIOUS!

Kathryn

January has been a quiet month for Kathryn with one exception, a surprise birthday celebration given by Dr Tracy and staff members. Kathryn wishes to express her appreciation to everyone and for the kindness and support given to her during the past 12 months, 2012 was an incredible year.



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Do you want to save a tree?

We are sending our newsletter by email - if you specifically want us to mail one, please advise reception.

We only use emails at the office for newsletters and individual communication.

We do not share your address with anyone else because we know how annoying it is to get spam.

If you would like us to remove you from our newsletter list email us at newsletter@kennedychiro.com

We're on the Web!

www.kennedychiro.com

or follow us on facebook

<https://www.facebook.com/pages/Kennedy-Chiropractic-Centre/172743446105466>

Office Calendar February and March 2013

February					
Monday 8am-12pm 2pm-4:30pm	Tuesday 7:30am-10:30am 3pm-6:30pm	Wednesday 9am –12pm 2pm –6pm	Thursday 8am-12pm 2pm-4:30pm	Friday 7:45am-12pm 2pm-5:45pm (7pm)	Saturday 8am-12pm
				1 Dr Chan Dr Meghan Until 7:00pm	2 Dr Tracy Dr Chan
4 Dr Sandie	5 Dr Tracy	6 Dr Tracy Dr Meghan Half Hour to Health	7 Dr Sandie	8 Dr Chan Dr Meghan	9 Dr Chan Dr Meghan
11 Dr Sandie	12 Dr Chantal	13 Dr Meghan Dr Chantal	14 Dr Sandie	15 Dr Chan Until 7:00pm	16 Dr Chan Dr Sandie
18 Dr Hart Dr Sandie	19 Dr Chantal	20 Dr Meghan Dr Chantal Half Hour to Health	21 Dr Hart Dr Sandie	22 Dr Chan Dr Meghan	23 Dr Chan Dr Meghan
25 Dr Hart Dr Sandie	26 Dr Chantal	27 Dr Meghan Dr Chantal	28 Dr Hart Dr Sandie		
March					
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18 Dr Hart Dr Sandie	19 Dr Tracy	20 Dr Tracy Dr Meghan Half Hour to Health	21 Dr Hart Dr Sandie	22 Dr Chan Dr Meghan	23 Dr Tracy Dr Meghan
25 Dr Hart Dr Sandie	26 Dr Tracy	27 Dr Tracy Dr Meghan	28 Dr Hart Dr Sandie	29 Good Friday	30 Closed for Easter

The office will be open late on alternate Fridays until 7:00pm.