

April 2015 Newsletter



The final week of May is Chiropractic Care week and the theme for this year is "Get your happy Back".



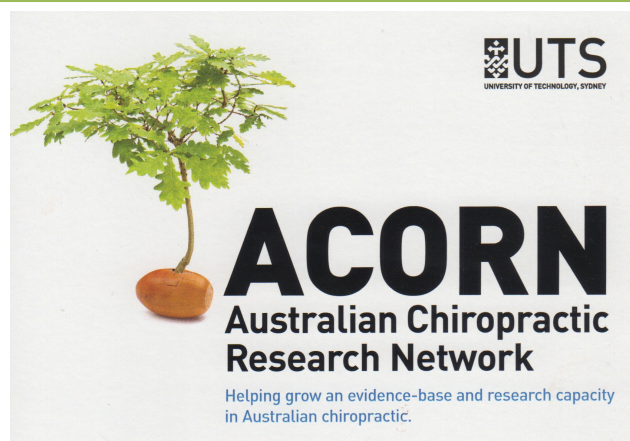
Dr Brianna Gist will be joining us for the first 2 weeks of May while Dr Tara is away in Europe at the WFC (World Federation of Chiropractic) conference. Dr Brianna is a full time locum and loves to meet new people. We welcome her to take care of everyone while Dr Tara is away.

Dr Sandie and Dr Kirstie (coming up from Adelaide) will be covering the 3rd week of May (in split shifts) as they both look after their babies.

Thank you for being flexible.



Dr Chan's Current View in Chile



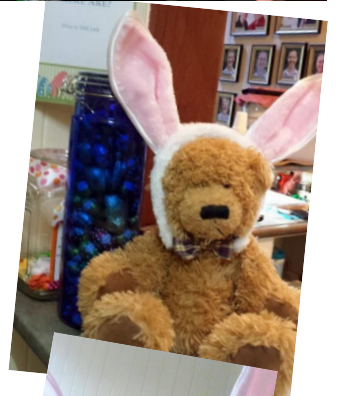
ACORN is a code word for the new research study being funded by Chiropractic Association Australia. We are involved in these initial stages and look forward to the future when the research starts to focus on wellness and chiropractic.



St Paddy's day is always a fun day to go green. Thanks to Warren and Christina for getting in on the action too.



The official egg count was 128 and the winner is Kellie S and daughter Charlie. We think we know who will be eating all the eggs.
Thanks for the 550 guesses this year.



Slow Leaks

Lately Dr Hart has been wrestling with a tyre on a lawn mower. It has been a 'proper pest' for a few weeks. Take the tyre off, inspect it carefully, do all the right things, put it back on the rim, blow it up and 3 days later, it is flat again.

The same story sometimes occurs in the office here. A problem can be "fixed", but after a time the same problem might resurface. There must be a slow leak somewhere. This is where a chiropractor's real job begins. Searching for the original underlying triggers in a patient's makeup.

Some years ago, Dr Hart injured himself. His initial recovery was pretty good and everything seemed OK. Several years passed and another injury took place. It seems that the slow leaks had whittled away until the second injury had triggered a more serious problem. The result was a hip joint that gave every impression of needing replacement. Dr Hart, being his usual stubborn self, chose to try to repair the problem using more natural chiropractic approaches. This process is now in its 4th year and Dr Hart is happy to report that his hip joint is steadily improving. Some days it is almost totally comfortable. The approaches have been lengthy and diverse, as in chasing any slow leaks. The point is that there has been and still is improvement. At present, surgery is highly unlikely. Oh yes, sometimes Dr Hart pushes too hard and may struggle for a few days. C'est la vie...

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<https://www.facebook.com/KennedyChiropractic>

Staff Update

Dr Hart



Dr Hart is back from his annual trek to Bathurst again. He couldn't decide which bike to take so he took three!!! Motorbikes (along with Chiropractic) have been his long term passion & Dr Hart makes a priority of balance in his life. Bathurst has been an annual Easter trek for over 50years.

Dr Hart works Mondays and Thursdays.

Dr Tracy



Dr Tracy had an amazing trip to Japan, for an international conference on chiropractic clinical education. There were representatives from Canada, USA, Spain, Malaysia, South Korea and the Tokyo Chiropractic College. She had the opportunity to attend a graduation and to don the hat and gown (almost 20 years on from her own graduation)

Dr Tracy works Monday, Tuesday, Wednesday and Saturdays.

Dr Chan



We have secured Dr Chan to work for a few days to cover while Dr Tracy is away in June. She will be here Tuesday & Wednesday 16th and 17th and the following week 23rd and 24th June. Meanwhile Dr Chan is having fun working in Chile (Renihue) and is sorting through lots of photos of wildlife (both hers and other famous photographers). We look forward to seeing her soon.

Dr Meghan



Dr Meghan had a busy Easter with the kids and is looking forward to time with them on the school holidays. She can't believe how fast the year is going.

Dr Meghan works every Friday as well as the occasional Saturday morning.

Dr Sandie

Hamish is now three months old and always has a smile for us when he comes to the office for a tune up.



Dr Tara



Dr Tara wants to thank everyone for chatting to her about 'carp', very interesting stuff (she caught her first one). She is looking forward to welcoming the lovely Dr Brianna to the practice, to cover, while she heads to Europe for a few weeks in May where she will be attending the World Federation of Chiropractic Conference. Dr Tara is working Tuesday through Saturdays every week.

Sue

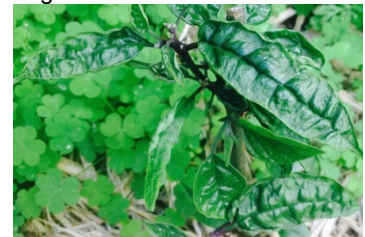


Sue has had a lovely month getting to know some of our new 'baby' patients, and there have been a few! It is wonderful watching the journey through the pregnancies, then getting to see the babies, usually soon after birth. Congratulations to brand new babies Amos, Rupert, Alexander on very speedy deliveries. Sue had chiropractic care through her own pregnancies and had her daughters checked as soon after as possible. It makes such a difference, for mother and baby.

Natalie



Natalie is successfully growing the plant that was given to her by Mrs Kiem. It has a long history and there is big pressure to keep it thriving. So far so good.



Vicki



It was Incredible for Dr Tracy's look-alike and laugh-alike sister Ari to come all the way from the USA and spend so much time in the office helping out – thank you Ari. It truly represents distance is not an issue in so many respects. With family at distance Vicki was inspired to pick up the phone and catch up. It was like it was only yesterday – now for contacting the remainder of the family...

New Patient of the month

Baby Rupert with Dr Tracy – Adjusted 7 hours before birth and one day after ☺



Kennedy Chiropractic Centre Calendar and hours



April 2015

Monday 8am-12pm 2pm-5:00pm	Tuesday 7:30am-11am 2pm-6:30pm	Wednesday 8am –12pm 2pm –6pm	Thursday 8am-12pm 2pm-5pm	Friday 7:30am-12pm 2pm-6:30pm	Saturday 8am-12pm
6 Closed Easter Monday	7 Dr Tara Dr Tracy	8 Dr Tara Dr Tracy	9 Dr Hart Dr Tara	10 Dr Meghan Dr Tara	11 Dr Tara Dr Tracy
13 Dr Hart Dr Tracy	14 Dr Tara Dr Tracy	15 Dr Tara (morning) Dr Tracy	16 Dr Hart Dr Tara (away)	17 Dr Meghan Dr Tara	18 Dr Tara Dr Tracy
20 Dr Hart Dr Tracy	21 Dr Tara Dr Tracy	22 Dr Tara Dr Tracy	23 Dr Hart Dr Tara	24 Dr Meghan Dr Tara	25 Closed ANZAC Day
27 Dr Hart Dr Tracy	28 Dr Tara Dr Tracy	29 Dr Tara Dr Tracy	30 Dr Hart Dr Tara		

May 2015

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				1 Dr Meghan Dr Tara	2 Dr Tara Dr Tracy
4 Dr Hart Dr Tracy	5 Dr Brianna Dr Tracy	6 Dr Brianna Dr Tracy	7 Dr Hart Dr Brianna	8 Dr Meghan Dr Brianna	9 Dr Brianna Dr Tracy
11 Dr Hart Dr Tracy	12 Dr Brianna Dr Tracy	13 Dr Brianna Dr Tracy	14 Dr Hart Dr Brianna	15 Dr Meghan Dr Brianna	16 Dr Brianna Dr Tracy
18 Dr Hart Dr Tracy	19 Dr Tracy Dr Sandie Dr Kirstie	20 Dr Tracy Dr Sandie Dr Kirstie	21 Dr Hart Dr Sandie Dr Kirstie	22 Dr Meghan Dr Sandie Dr Kirstie	23 Dr Tracy Dr Sandie
Chiropractic Care Week 25th – 31st May, "Get Your Happy Back"					
25 Dr Hart Dr Tracy	26 Dr Tracy Dr Sandie	27 Dr Tara Dr Tracy	28 Dr Hart Dr Tara	29 Dr Meghan Dr Tara	30 Closed Dr Tara (Away) Dr Tracy (away)

Want an appointment?

Phone: 07 46391060 or email: healthy@kennedychiro.com